

Brockport Central School District

Middle and High School Lunch Menu December 2023

Meat/Meat Alternative
Grain
Fruit
Vegetable
Milk
🍎 NY State Product

Monday	Tuesday	Wednesday	Thursday	Friday
27 Chicken Smackers With a Mini Pretzel Mashed Potatoes Sweet Peas Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	28 Chicken Quesadilla With Veggie Rice Steamed Carrots Refried Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk B	29 ★ B.Y.O. Rice Bowls Garlic Parm Broccoli Golden Sweet Corn Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	30 Roasted Chicken with Cornbread Warm Cinnamon Sweet Potatoes Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk D	1 ★ Cheeseburger Or Hamburger Potato Wedges Buffalo Cauliflower Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A
4 Chicken Patty on a WG Roll Golden Sweet Corn Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	5 ★ Cheeseburger Or Hamburger Blue Devil Plate Tater Tots Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk C	6 Meatball Sub with or without Mozzarella Cheese Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	7 ★ 🍎 Pasta with or without Italian Sausage Garlic Parm Broccoli Cucumber Tomato Salad Cupped Fruit Assorted Fresh Fruit Assorted Milk Half Day 6-8! A	8 Toasted Cheese Sandwich Tomato Soup Steamed Green Beans Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk Half Day 6-8! B
11 Chicken Tenders with a Mini Pretzel Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	12 Taco Bar with Spanish Rice Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk D	13 Pulled Pork Sandwich Buffalo Chicken Soup Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	14 Turkey and Gravy with Stuffing Mashed Potatoes Sweet Peas Cupped Fruit Assorted Fresh Fruit Assorted Milk B	15 ★ Three Cheese Cavatappi with a Mini Pretzel Garlic Parm Broccoli Cucumber Wheels Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C
18 Orange Chicken With an Egg Roll & Fortune Cookie Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	19 French Toast Sticks With Sausage Patties Hashbrown Patties Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk A	20 Italian Dunkers Garlic Parm Broccoli Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	21 Broccoli Cheddar Soup with Garlic Knots Steamed Carrots Golden Sweet Corn Cupped Fruit Assorted Fresh Fruit Assorted Milk C	22 Mozzarella Sticks with Sauce Sweet Peas Buffalo Cauliflower Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D
25 NO SCHOOL TODAY! 	26 NO SCHOOL TODAY! 	27 NO SCHOOL TODAY! 	28 NO SCHOOL TODAY! 	29 NO SCHOOL TODAY! 

Menu subject to change depending on product availability.

Breakfast Menu:

This institution is an equal opportunity provider.

Mondays
 Assorted Breakfast Breads
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice or Cupped Fruit & Milk

Tuesdays
 Assorted Cinnamon Rolls
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk

Wednesdays
 Bagel with Condiment
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk

Thursdays
 Assorted Breakfast Bars
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk

Fridays
 Assorted Waffles
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk

Served Daily:
 Assorted Pizzas
 Made to Order Deli Bar
 Buffalo Chicken
 Salad Plate
 Chicken Caesar Salad Plate
 Julienne Salad Plate
 Vegetable Salad Plate
 PBJ
 Yogurt Parfait
Choice of Milk:
 1% White Milk
 Skim Milk
 Low Fat Chocolate

Every Meal Includes:
 2 Servings of Fruit and
 1 Serving of Each
 Vegetable.

Every meal must include a 1/2 cup fruit or vegetable.

Meal Prices:
Full Breakfast: Free at this time.

Reduced Breakfast: Free at this time.

Full Lunch: Free at this time.

Milk: \$.70
Reduced Lunch: Free at this time.

Food Service Contact:
Phone:
 (585)637-1846
Email:
Foodservice@bcs1.org

If you have a food allergy, please notify us. Allergy information is available for prepared food items upon request.