

# Brockport Central School District Middle and High School Lunch Menu May 2024

Meat/Meat Alternative Grain Fruit Vegetable Milk NY State Product

Monday	Tuesday	Wednesday	Thursday	Friday
<b>29</b> <b>Chicken Smackers With a Mini Pretzel</b> Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	<b>30</b> <b>Cheeseburger Or Hamburger</b> French Fries Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk D	<b>1</b> <b>Italian Dunkers</b> Steamed Broccoli Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	<b>2</b> <b>Breaded Chicken Drumstick with Cornbread</b> Mashed Potatoes Steamed Carrots Cupped Fruit Assorted Fresh Fruit Assorted Milk B	<b>3</b> <b>Pizza Crunchers with Sauce Or Breaded Fish Sandwich</b> Buffalo Cauliflower Coleslaw Cupped Fruit Assorted Fresh Fruit Assorted Milk C
<b>6</b> <b>Chicken Patty on a WG Roll</b> Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	<b>7</b> <b>Chicken Quesadilla With Veggie Rice</b> Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk A	<b>8</b> <b>Hot Dog in a Bun</b> French Fries Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	<b>9</b> <b>Pasta with Meatballs Or Plain Sauce with a Breadstick</b> NEW Garlic Parm Broccoli Tomato and Corn Salad Cupped Fruit Assorted Fresh Fruit Assorted Milk C	<b>10</b> <b>Toasted Cheese Sandwich</b> NEW Tomato Soup Broccoli Apple Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D
<b>13</b> <b>Orange Chicken With an Egg Roll &amp; Fortune Cookie</b> Steamed Green Beans Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	<b>14</b> <b>Taco in a Soft Shell or with Tortilla Chips with Seasoned Rice</b> Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk B	<b>15</b> <b>Pasta with or without Italian Sausage</b> Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	<b>16</b> <b>French Toast Sticks With Sausage Patties</b> Hashbrown Patties Cucumber Wheels Cupped Fruit Assorted Fresh Fruit Assorted Milk D	<b>17</b> <b>Macaroni &amp; Cheese with a Mini Pretzel</b> NEW Garlic Parm Broccoli Roasted Garlic Parm Veggies Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A
<b>20</b> <b>Chicken Tenders with a Mini Pretzel</b> French Fries Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	<b>21</b> <b>Cheeseburger Or Hamburger Blue Devil Plate</b> Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk C	<b>22</b> <b>Buffalo Chicken Nachos with Veggie Rice</b> Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	<b>23</b> <b>Mozzarella Sticks with Sauce</b> Steamed Broccoli Steamed Green Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk A	<b>24</b> <b>NO SCHOOL TODAY!</b> 
<b>27</b> <b>NO SCHOOL TODAY!</b> 	<b>28</b> <b>Chicken Smackers With a Mini Pretzel</b> French Fries Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk B	<b>29</b> <b>Italian Sausage w/ or w/o Peppers &amp; Onions</b>  Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	<b>30</b> <b>Cheese Pizza Bagels Or Pepperoni Pizza Bagels</b> Steamed Broccoli Broccoli Apple Salad Cupped Fruit Assorted Fresh Fruit Assorted Milk D	<b>31</b> <b>Macaroni &amp; Cheese with a Mini Pretzel</b> Buffalo Cauliflower Steamed Green Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk A

NEW

SCHOOL LUNCH HERO DAY

NEW

NEW

NEW

**Served Daily:**  
 Assorted Pizzas  
 Made to Order Deli Bar  
 Buffalo Chicken  
 Salad Plate  
 Chicken Caesar Salad Plate  
 Fruit Salad with Cheese  
 Julienne Salad Plate  
 Blazin' Buffalo Chickpea Salad  
 Hummus Bento Box  
 Vegetable Salad Plate  
 PBJ  
 Yogurt Parfait  
**Choice of Milk:**  
 1% White Milk  
 Skim Milk  
 Low Fat Chocolate

**Every Meal Includes:**  
 2 Servings of Fruit and 1 Serving of Each Vegetable.

Every meal must include a 1/2 cup fruit or vegetable.

**Meal Prices:**  
**Full Breakfast:** Free at this time.  
**Reduced Breakfast:** Free at this time.  
**Full Lunch:** Free at this time.  
**Milk:** \$.70  
**Reduced Lunch:** Free at this time.

**Food Service Contact:**  
**Phone:** (585) 637-1846  
**Email:** [Foodservice@bes1.org](mailto:Foodservice@bes1.org)

If you have a food allergy, please notify us. Allergy information is available for prepared food items upon request.

Menu subject to change depending on product availability.

## Breakfast Menu:

This institution is an equal opportunity provider.

**Mondays**  
 Assorted Breakfast Breads  
 Assorted Breakfast Sandwiches  
 Cereal, Muffin, Poptart, or Yogurt  
 Fresh Fruit, Juice or Cupped Fruit & Milk

**Tuesdays**  
 Breakfast Bun  
 Assorted Breakfast Sandwiches  
 Cereal, Muffin, Poptart, or Yogurt  
 Fresh Fruit, Juice, or Cupped Fruit & Milk

**Wednesdays**  
 Bagel with Condiment  
 Assorted Breakfast Sandwiches  
 Cereal, Muffin, Poptart, or Yogurt  
 Fresh Fruit, Juice, or Cupped Fruit & Milk

**Thursdays**  
 Crunch Wrap  
 Assorted Smoothies  
 Cereal, Muffin, Poptart, or Yogurt  
 Fresh Fruit, Juice, or Cupped Fruit & Milk

**Fridays**  
 Assorted Breakfast Pizza  
 Assorted Waffles  
 Cereal, Muffin, Poptart, or Yogurt  
 Fresh Fruit, Juice, or Cupped Fruit & Milk