

Brockport Central School District

Middle and High School Lunch Menu November 2023

Meat/Meat Alternative
Grain
Fruit
Vegetable
Milk
🍎 NY State Product

Monday	Tuesday	Wednesday	Thursday	Friday
30 Chicken Patty on a WG Roll Mashed Potatoes Baked Beans Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	31 French Toast Sticks With Sausage Patties Hashbrown Patty Warm Cinnamon Sweet Potatoes Cupped Fruit Assorted Fresh Fruit Assorted Milk B 	1 Pasta with Meatballs Or Plain Sauce with a Breadstick Garlic Parm Broccoli Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	2 Broccoli Cheddar Soup with Stuffed Cheesy Bread Bites Mashed Potatoes Steamed Carrots Cupped Fruit Assorted Fresh Fruit Assorted Milk D	3 Buffalo Chicken Macaroni & Cheese with a Mini Pretzel Sweet Peas Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A
6 Chicken Smackers With a Mini Pretzel Steamed Broccoli Celery Sticks Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	7 NEW Cheeseburger Or Hamburger Blue Devil Plate Tater Tots Baked Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk C	8 Meatball Sub with or without Mozzarella Cheese Steamed Carrots Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	9 NEW Pasta with or without Italian Sausage Steamed Green Beans Cucumber Tomato Salad Cupped Fruit Assorted Fresh Fruit Assorted Milk A	10 NO SCHOOL TODAY! 
13 Chicken Tenders with a Mini Pretzel French Fries Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B	14 Taco Bar with Spanish Rice Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk C	15 Pulled Pork Sandwich Warm Cinnamon Sweet Potatoes Tossed Salad Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk D	16 Turkey and Gravy with Stuffing Mashed Potatoes Sweet Peas Cupped Fruit Assorted Fresh Fruit Assorted Milk A	17 Toasted Cheese Sandwich Tomato Soup Garlic Parm Broccoli Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk B
20 Orange Chicken With an Egg Roll & Fortune Cookie Steamed Green Beans Baby Carrots Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	21 Mozzarella Sticks with Sauce Golden Sweet Corn Taco Fiesta Black Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk D	22 NO SCHOOL TODAY! 	23 NO SCHOOL TODAY! 	24 NO SCHOOL TODAY! 
27 Chicken Smackers With a Mini Pretzel Mashed Potatoes Sweet Peas Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A	28 Chicken Quesadilla With Veggie Rice Steamed Carrots Refried Beans Cupped Fruit Assorted Fresh Fruit Assorted Milk B	29 NEW B.Y.O. Rice Bowls Garlic Parm Broccoli Golden Sweet Corn Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk C	30 NEW Roasted Chicken with Cornbread Warm Cinnamon Sweet Potatoes Celery Sticks Cupped Fruit Assorted Fresh Fruit Assorted Milk D	1 Cheeseburger Or Hamburger Potato Wedges Buffalo Cauliflower Chilled Juice Cupped Fruit Assorted Fresh Fruit Assorted Milk A

Menu subject to change depending on product availability.

Breakfast Menu:

Mondays
 Assorted Frudels
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice or Cupped Fruit & Milk

Tuesdays
 Assorted Cinnamon Rolls
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk

Wednesdays
 Bagel with Condiment
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk

Thursdays
 Assorted Breakfast Bars
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk

Fridays
 Breakfast Buns
 Assorted Breakfast Sandwiches
 Cereal, Muffin, Poptart, or Yogurt
 Fresh Fruit, Juice, or Cupped Fruit & Milk

This institution is an equal opportunity provider.

Served Daily:
 Assorted Pizzas
 Made to Order Deli Bar
 Buffalo Chicken
 Salad Plate
 Chicken Caesar Salad Plate
 Julienne Salad Plate
 Vegetable Salad Plate
 PBJ
 Yogurt Parfait

Choice of Milk:
 1% White Milk
 Skim Milk
 Low Fat Chocolate

Every Meal Includes:
 2 Servings of Fruit and
 1 Serving of Each
 Vegetable.

Every meal must include a 1/2 cup fruit or vegetable.

Meal Prices:
Full Breakfast: Free at this time.
Reduced Breakfast: Free at this time.

Full Lunch: Free at this time.
Milk: \$.70
Reduced Lunch: Free at this time.

Food Service Contact:
Phone: (585)637-1846
Email: Foodservice@bcs1.org

If you have a food allergy, please notify us. Allergy information is available for prepared food items upon request.